



# One OCASC Subcommittee's Activities & 5 Reasons Why Elected Officials Should be Interested in the Health of Seniors

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# Orange County Health Aging Initiative (OCHAI)

- **Background on OCHAI**
- **Initial goals:**
  - **Conditions of Older Adults Report**
  - **Annual Wellness Visit Toolkit**
- **Now a committee within the Orange County  
Aging Services Collaborative (OCASC)**

# Why the Annual Wellness Visit (AWV) Toolkit?

- **AWV underutilized benefit of ACA**
- **More seniors, few geriatricians**
- **Need to focus more on prevention!**
  - Healthy seniors have better quality of life and are more likely to remain independent
  - Health care costs lower

# Annual Wellness Visit Toolkit

- **Launched October 2014**
- **Distributed to over 100 primary care providers**
- **All materials available electronically at <http://www.ocagingservicescollaborative.org/annual-wellness-visit-toolkit>**



So what about the Condition of Older Adults Report?

# OC Community Health Improvement Plan

- In 2013, Health Care Agency took the lead in gathering community partners (see below) to establish health priorities for Orange County
- Reviewed health data from Orange County Health Profile
- Decided on 4 priority areas

## ORANGE COUNTY COMMUNITY HEALTH PLANNING ADVISORY GROUP

The Orange County Community Health Planning Advisory Group provided guidance and leadership throughout this planning process. Member organizations include:

- ♦ California State University at Fullerton
- ♦ CalOptima
- ♦ Children and Families Commission of Orange County
- ♦ Children's Hospital of Orange County
- ♦ Coalition of Orange County Community Health Centers
- ♦ Hoag Memorial Hospital Presbyterian
- ♦ Hospital Association of Southern California
- ♦ Irvine Health Foundation
- ♦ Kaiser Permanente
- ♦ Latino Health Access
- ♦ Memorial Care Health System
- ♦ MOMS Orange County
- ♦ Orange County Asian and Pacific Islander Community Alliance
- ♦ Orange County Department of Education
- ♦ Orange County Health Care Agency
- ♦ Orange County Medical Association
- ♦ Orange County Social Services Agency
- ♦ Orange County United Way
- ♦ Orange County Women's Health Project
- ♦ St. Joseph Health System
- ♦ University of California at Irvine Medical Center

# Priority Area #2: Older Adult Health

## Priority Area #2: Older Adult Health

### Key Findings:

- ◆ By 2030, one in five residents of Orange County will be 65 or older and the county's health system is challenged to understand and meet the needs of this growing population.
- ◆ Complications from chronic conditions, lack of mobility, and elder abuse are important health concerns for older adults.



### Goal 1: Improve wellness and quality of life of older adults in Orange County.

**Objective 1.1:** Increase early identification of **conditions and safety risks** that commonly affect older adults.

**Objective 1.2:** Reduce **health complications of chronic diseases** among older adults.

**Objective 1.3:** Reduce **social isolation** among older adults.

**Objective 1.4:** Reduce the risk for **abuse and neglect** of older adults.

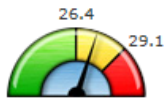
**Highlighted Strategy:** Produce and disseminate Annual Wellness Visit toolkit to medical providers.



## Diabetes: Medicare Population

This indicator shows the percentage of Medicare beneficiaries who were treated for diabetes.

County Time Period



Comparison: U.S. Counties ⓘ

26.7  
percent

Measurement Period: 2012

County: Orange

Data Source: Centers for Medicare & Medicaid Services

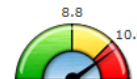
Categories: Health / Diabetes, Health / Older Adults & Aging  
Technical Note: The distribution is based on data from 3,093 U.S. counties and county equivalents.

Maintained By: Healthy Communities Institute  
Last Updated: September 2014

## Alzheimer's Disease or Dementia: Medicare Population

This indicator shows the percentage of Medicare beneficiaries who were treated for Alzheimer's disease or dementia.

County Time Period



Comparison: U.S. Counties ⓘ

10.4  
percent

Measurement Period: 2012

County: Orange

Data Source: Centers for Medicare & Medicaid Services ⓘ

Categories: Health / Older Adults & Aging, Health / Mental Health & Mental Disorders

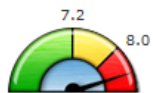
Technical Note: The distribution is based on data from 3,086 U.S. counties and county equivalents.

Maintained By: Healthy Communities Institute  
Last Updated: September 2014

## Cancer: Medicare Population

This indicator shows the percentage of Medicare beneficiaries who were treated for cancer.

County Time Period



Comparison: U.S. Counties ⓘ

9.2  
percent

Measurement Period: 2012

County: Orange

Data Source: Centers for Medicare & Medicaid Services ⓘ

Categories: Health / Cancer, Health / Older Adults & Aging  
Technical Note: The distribution is based on data from 3,093 U.S. counties and county equivalents.

Maintained By: Healthy Communities Institute  
Last Updated: September 2014

# **5 Reasons Why Elected Officials Should Be Interested in the Health and Welfare of Seniors**



# Reason #1: They Vote

## Percent voting by age group:

>65: 61%

55-64: 54%

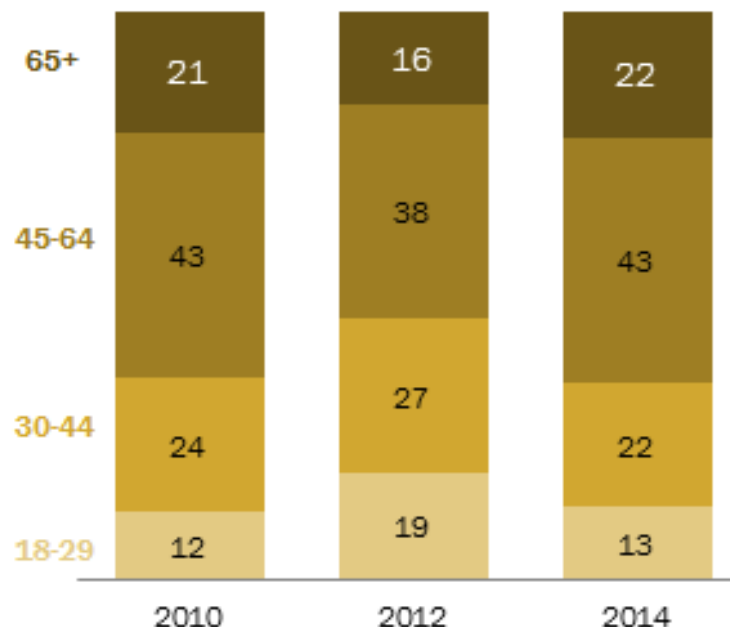
25-44: 37%

18-24: 21%

Source: US News and World Report,  
March 19, 2012

## 2014: An Older Electorate

*% of voters who are...*



Exit poll conducted by Edison Research for the National Election Pool, as reported by NBC News.

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# Reason #2: Caring for Sick Seniors is Costly

- **National Health Expenditure (NHE) was \$2.9 trillion in 2013, or 17.4% of the GDP<sup>1</sup>**
  - The elderly accounted for 34% of the NHE
- **Per person health care spending for those over 65 was<sup>1</sup>:**
  - 3 times higher than per working-age adult
  - 5 times higher than per child
- **But, the average health care cost for an older adult with no chronic medical conditions is<sup>2</sup>:**
  - 1/5<sup>th</sup> that of a person with 5 or more chronic conditions
  - 1/10<sup>th</sup> that of a person in a long-term care facility

1. NHE Fact Sheet [www.cms.gov](http://www.cms.gov)

2. [http://www.agingstats.gov/agingstatsdotnet/Main\\_Site/Data/2012\\_Documents/Health\\_Care.aspx](http://www.agingstats.gov/agingstatsdotnet/Main_Site/Data/2012_Documents/Health_Care.aspx)

# Reason #3: They Contribute to Society

- **RSVP (formerly Retired Senior Volunteer Program) has over 1300 volunteers working in education, health, nutrition and public safety programs**
- **They worked over 220,000 hours per year, estimated to be worth \$5 million**
- **Many other institutions (schools, hospitals, churches, community organizations) also utilize senior volunteers**

# Reasons #4 and #5

**#4: Because we'll all be there someday, too**

**#5: Because it's the right thing to do**

# Call to Action

- **Become more familiar with the needs of seniors in the County**
- **Augment long-term planning for housing, transportation and prevention programs**
- **Support programs that address the basic needs of seniors**
  - Affordable housing
  - Transportation
  - Nutrition programs