Who We Are
The Council on Aging - Southern California has been a trusted nonprofit organization since 1973. We provide unbiased information, programs and services to more than 275,000 adults and families annually.

We promote the independence, health and dignity of adults through compassion, education and advocacy.

Aging Impacts Us All
Whether you are in need of assistance navigating the aging experience or facing a crisis with a parent or loved one, the Council on Aging is here to help. We offer a range of no-cost services and programs.

CALL US — WE CAN HELP
Our offices are open Monday through Friday from 8am to 5pm. Our programs are offered in multiple languages to support our multicultural communities.

(714) 479-0107 | www.coasc.org

What We Do
Our programs and services provide adults and their families:

- Empowerment to tackle life’s aging challenges
- Knowledge and support to navigate the complexities of Medicare
- Advocacy for residents in long-term care facilities
- Education and protection from financial predators
- Resources on aging and caregiving
- Friendship to combat isolation and loneliness
- Integration into community activities to support mental health
OF EVERY DOLLAR SPENT
DIRECTLY SUPPORTS OUR PROGRAMS & SERVICES

Council on Aging Programs
Direct Services for Adults and Their Families

- **Answers Guide** – Yearly publication filled with information on healthcare, caregiving, finance, legal and Medicare comparison charts for Orange County.

- **Benefits Enrollment Centers (BEC)** – Helps Medicare beneficiaries with low-income benefit program information and application assistance.

- **Education** – Seminars on topics such as Medicare, long-term care and safety.

- **Friendly Visitor Program** – Provides companionship and social support to isolated, frail adults in Orange County.

- **Health Insurance Counseling and Advocacy Program (HICAP)** – Provides free, unbiased, individual Medicare counseling and seminars.

- **Long-Term Care Ombudsman Program** – Advocates for the rights of Orange County’s older and disabled adults living in skilled nursing and residential care facilities.

- **ReConnect Program** – Assists Orange County’s adults age 60+ to manage and improve their emotional health and overall well-being.

- **Senior Protection Program & FAST** – Educational seminars to help you avoid financial predators and limited consultation on matters of abuse.

- **SmileMakers Guild** – Mobilizes community support and provides holiday gifts to over 5,000 residents in long-term care facilities in Orange County.

- **Volunteer Opportunities** – Learn about volunteering during our Changing Lives Tour offered the third Wednesday of every month.

88% OF EVERY DOLLAR SPENT DIRECTLY SUPPORTS OUR PROGRAMS & SERVICES

We are funded by individuals, businesses, grants, and government programs.

VOLUNTEER AND LEARN MORE AT WWW.COASC.ORG

Council on Aging - Southern California is a nonprofit 501(c)(3) corporation
www.coasc.org