Who We Are

The Council on Aging – Southern California has been a trusted nonprofit organization since 1973. We provide unbiased information, programs and services to more than 275,000 adults and families annually.

Our Friendly Visitor Program prevents and alleviates the physical and mental health challenges of isolated, older adults and individuals with disabilities who lack an adequate support system.

Our program offers case management services and a supportive safety net of prescreened, trained volunteers who provide weekly home visits and telephone checkups.

Eligibility

- Older or dependent adults 18 years and above
- Frail and/or homebound
- Inadequate support system
- Willing to participate in the program

What We Do

Our program offers ongoing socialization services to isolated adults and seniors. Services are provided at no cost to participants and include:

- Comprehensive screenings
- In-home case management services
- Individual care plan
- Coordination of care
- Participant and family education
- Short-term in-home therapy as needed
- Ongoing case monitoring
- Referrals and linkages to resources
- Weekly telephone checkups
- Home visitation

CALL US — WE CAN HELP

Our office are open Monday through Friday from 8am to 5pm. The Friendly Visitor Program provides direct services in English, Spanish and Vietnamese.

(714) 479-0107 | www.coasc.org

Friendly Visitor
a Program of Council on Aging
Council on Aging Programs
Helping Seniors Remain Healthy, Connected & Protected

- **Answers Guide** – Yearly publication filled with information on healthcare, caregiving, finance, legal and Medicare comparison charts for Orange County.
- **Benefits Enrollment Centers (BEC)** – Helps Medicare beneficiaries with low-income benefit program information and application assistance.
- **Education** – Seminars on topics such as Medicare, long-term care and safety.
- **Friendly Visitor Program** – Provides companionship and social support to isolated, frail adults in Orange County.
- **Health Insurance Counseling and Advocacy Program (HICAP)** – Provides free, unbiased, individual Medicare counseling and seminars.
- **Long-Term Care Ombudsman Program** – Advocates for the rights of Orange County’s older and disabled adults living in skilled nursing and residential care facilities.
- **ReConnect Program** – Assists Orange County’s adults age 60+ to manage and improve their emotional health and overall well-being.
- **Senior Protection Program & FAST** – Educational seminars to help you avoid financial predators and limited consultation on matters of abuse.
- **SmileMakers Guild** – Mobilizes community support and provides holiday gifts to over 5,000 residents in long-term care facilities in Orange County.
- **Volunteer Opportunities** – Learn about volunteering during our Changing Lives Tour offered the third Wednesday of every month.

88% OF EVERY DOLLAR SPENT DIRECTLY SUPPORTS OUR PROGRAMS & SERVICES

We are funded by individuals, businesses, grants, and government programs. VOLUNTEER AND LEARN MORE AT WWW.COASC.ORG

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