

Information, Assistance & Resources

**Orange County Office on Aging Information Line
Toll-Free: 800-510-2020 • Direct: 714-480-6450**

Call center for information, assistance and linkage to community resources and programs for older adults, persons with disabilities, and family caregivers, including adult day care, disability services, exercise classes, financial assistance, home modification, housing, in-home services, food, recreation, senior centers, transportation and more.

Other Key Resources	
Agency/Program Name & Services Offered	Phone No.
Adult Protective Services (Social Services Agency) To report elder abuse	800-451-5155
Alcoholics Anonymous OC Support groups for recovering alcoholics	714-556-4555
Alzheimer's Orange County Help with and resources for people with dementia and their caregivers	800-272-3900 949-955-9000
Braille Institute Help for visually impaired people	714-821-5000
Caregiver Resource Center Help for caregivers	800-543-8312 714-446-5030
Council on Aging Oversees Ombudsman, Friendly Visitor, HICAP and other programs	714-479-0107
Dayle McIntosh Disability Resource Center Helps people with disabilities live independently	714-621-3300
Dental – Adult Emergency (Health Care Agency) Tues/Thurs only, extractions only, no appts, limited to 20 per day	800-564-8448
Driving Assessment St. Jude Center for Rehabilitation and Wellness The Driving Center	714-578-8720 949-380-0155
Friendly Visitor Program Home visitation by trained volunteer	714-352-8820
Health Insurance Counseling & Advocacy Program (HICAP) Help with Medicare & health insurance options	800-434-0222

In-Home Supportive Services (IHSS) Help at home for eligible seniors and disabled people	714-825-3000
Long Term Care Ombudsman Help with patient issues in long term care facilities	800-300-6222 714-479-0107
Meals on Wheels SeniorServ (Central and North Orange County) Age Well (South Orange County) City of Irvine	714-220-0224 949-855-8033 949-724-6910
OC LINKS Linkage with County-funded mental/behavioral health programs and services	OC LINKS 855-625-4657
Older Adults Services (OAS) Mental health and substance abuse counseling for older adults	714-972-3700
Providence Speech and Hearing Center Services for speech and hearing impaired	855-901-7742
Smoking Cessation Free counseling and nicotine patches	866-639-5864
Senior Health Outreach and Prevention Program (SHOPP) Home visitation of older adults for short term case management and linkage to services.	714-972-3700
Veterans Service Benefits & Potential Entitlement	714-480-6555
211 - 24 hours a day, 7 days a week Help with basic needs, like food, shelter, clothing, transportation	211

**Need information on something else?
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