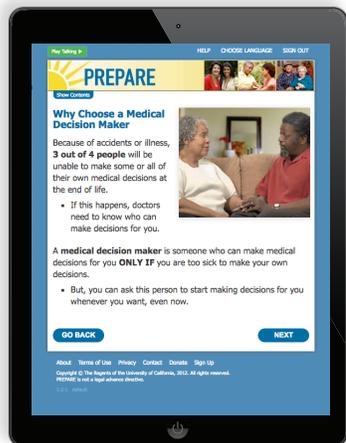


Prepare for Your Care: An Easy-to-Use Advance Care Planning Tool



Prepare for Your Care (PREPARE) is a FREE online resource that helps people understand and make decisions about their medical care.

Using video stories, PREPARE helps people explore their wishes and learn how to discuss them with family, friends, and medical providers.



www.prepareforyourcare.org

EASY TO UNDERSTAND

PREPARE is a tested resource,* written in simple language, and developed with input from patients and caregivers. The site helps people:

- Choose a medical decision maker
- Decide what matters most in life
- Choose flexibility for your decision maker
- Tell others about your wishes
- Ask doctors the right questions

EASY TO USE

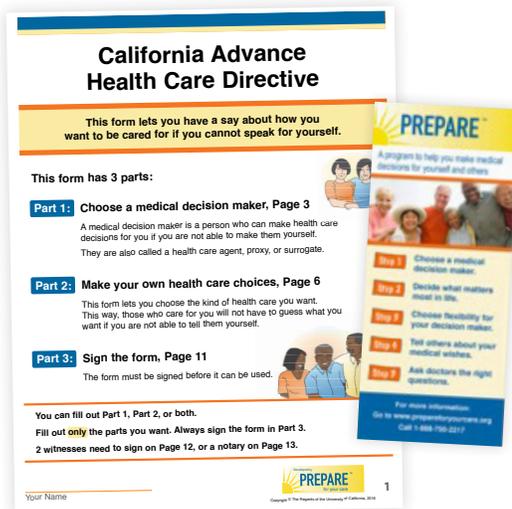
PREPARE makes it easy for anyone to learn about planning for their care. The site:

- Is available in English and Spanish.
- Can be used on computers, tablets, or smart phones.
- Is HIPAA-compliant.
- Includes text voice-over and closed captioning.
- Saves personal preferences for future updating.
- Includes advance directive forms for saving.

FREE ACCESS and FREE TOOLS

PREPARE offers free support tools to help physicians and patients, in Spanish and English.

- The PREPARE [pamphlet](#) is an easy way to introduce patients to PREPARE and start the conversation.
- An [Easy-to-Read Advance Directive for California](#) is available in 10 languages.**
- A [movie version](#) of the videos can be shared in any group setting.
- A Tool Kit with printable materials supports a group viewing of the PREPARE movie.



* Sudore RL, Boscardin J, Feuz MA, McMahan RD, Katen MT, Barnes DE. Effect of the PREPARE Website vs an Easy-to-Read Advance Directive on Advance Care Planning Documentation and Engagement Among Veterans; a Randomized Clinical Trial. JAMA Intern Med. 2017 Aug 1;177(8):1102-1109.

** English, Armenian, Chinese, Farsi, Khmer, Korean, Russian, Spanish, Tagalog, and Vietnamese.

